



OUR BIG PLAN

2022-2024

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Artwork by a parent from our “Making a difference together” group

INTRODUCTIONS

This is our BIG PLAN (strategy) which sets out what we want to achieve as a Transforming Care Partnership. It informs you of our Mission, Vision, Values and Goals for the next two years.

An “Easy to Read” version of this plan is also available.

Transforming Care is all about improving health and care services, so that more people with a learning disability and/or autistic people can live in the community, with the right support. This means that fewer people will need to go into hospital for their care.

This plan is for people in the following areas:

- North East Lincolnshire
- North Lincolnshire
- East Riding of Yorkshire
- Hull

We have worked alongside the “Making a Difference Together” group who have coproduced their Big Plan, which described their vision for people who are autistic or people who have a learning disability, and their families and carers. Their Big Plan has helped us to understand what our goals are and how we will know that we have achieved them.

THE HUMBER TRANSFORMING CARE PARTNERSHIP

Our Transforming Care Partnership includes Local Authorities, Place Based Partnerships (formerly known as Clinical Commissioning Groups), and NHS providers across the Humber area, including Hull, East Riding, North Lincolnshire and North East Lincolnshire.

We have committed to working together to improve the health and care of people with a learning disability and autistic people.

OUR VISION

“In the Humber we want autistic people and people with a learning disability to lead happy and healthy lives in communities, where skills, strengths and talents are recognised and valued by all”.

- ***Making a Difference Together group (2021)***

OUR VALUES

- ✓ To ensure that care in whatever setting is safe, appropriate, and suitable.
- ✓ To offer equal access to services and ensure that we work together to plan and improve or transform services

OUR GOALS

Reducing Reliance on inpatient care

A big goal for Transforming Care is to make sure that more people can live safely and happily in the community, rather than going into hospital. We know that sometimes hospital is the best option, but when this happens, we want to make the persons hospital stay as short as possible.

We will make this happen by helping health and social care to work even better together and they have the right support.

Inclusive Communication Co-Production and Engagement

We want to make sure that everyone can understand the information that they are being given about their health and social care. We will do this by helping services to use communication tools which help people and find ways so that people only need to tell us once about their reasonable adjustment needs.

We want to make sure that people can tell us how to improve our services and we will help people to do this.

Training, housing and workforce

To help people to live in the community, we need to make sure that there is good housing in places where people want to live. We also need to make sure that there are enough well-trained staff to help people to live in their own home. We are working with housing and care providers to support them to do this.

Improving Wellbeing

Another big goal for Transforming Care is to help people with a learning disability and autistic people to live healthy lives, for longer.

We want to help more people to have health checks and health screening. We will do this by working with doctors' surgeries in the community to make sure that people are having regular health checks and screening. We will provide useful information and links on our website and invest in projects which help to improve wellbeing.

Transformation for safe and preventative services

We know that health and social care services need to work better for people with a learning disability and autistic people.

We will develop new models of care, provide more training for staff, make sure that we are listening to people who use our services, and work even better together as a partnership.

Goal One

Reducing reliance on inpatient care

	What we will achieve	How will this be done and measured
1	Robust Dynamic Support Registers A risk register to support adults, children and young people with a learning disability or autism	<ul style="list-style-type: none"> • Active dynamic support registers in each of our four areas, for adults and children • Facilitated communication between health and social care through dynamic support networks • Ensure the registers are fit for purpose when national policy is updated
2	Excellent quality Care Education and Treatment reviews (C(E)TR) For anyone at risk of an admission to hospital due to their mental health needs	<ul style="list-style-type: none"> • Ensure clear actions plans and recommendations which are completed • Ensure care, education and treatment reviews follow timelines set by national policy • Develop escalation processes for when concerns or actions are not completed • Co-ordinate reviews with Safe and Wellbeing review findings • Ensure evidence of partner organisations are using personalised approaches
3	Secure total capital funds for an Admission Avoidance Service	<ul style="list-style-type: none"> • Apply and secure total capital funding from NHS England • Build to a design which feels like a home wherever possible • Develop a service model and breakdown of running costs
4	Support for young people	<ul style="list-style-type: none"> • Work with partners to improve planning and pathways for transition to adulthood • Develop a pilot family therapy project around preparing for adulthood • Identify and plan for young people who will need housing when they become adults • Co-produce individual build designs for homes
5	Increase number of quality Housing and Care providers	<ul style="list-style-type: none"> • Maintain a quality framework of complex care providers for housing and care • Attract new developments and services into the area • Influence workforce capacity and incentives through the Integrated Care Partnership System • Support community providers to upskill to support a wider range of people
6	Record data which will inform the needs for the future	<ul style="list-style-type: none"> • Develop a data collection and reporting system in place for all activity overseen by TCP • Identify and respond to predicted future needs through the dynamic support registers and data collection systems

Goal Two Inclusive Communication Co-Production and Engagement

	What we will achieve	How will this be done and measured
1	Lets Talk Forums	<ul style="list-style-type: none"> • Quarterly forums for public involvement and feedback on a variety of topics • Regular forums for all providers of housing and care • Regular complex care provider forums
2	Website and Information resources	<ul style="list-style-type: none"> • Develop a Transforming Care website with resources for staff and public • Co-production toolkit, workshops, and regional events • Develop easy to read information about care and support. • Offer open access neurodiversity training for staff and public • Support the partnership through promotion of events
3	Improve the coproduction culture in staff groups	<ul style="list-style-type: none"> • Develop a framework to pay people with lived experience for their coproduction work • Co-production awareness training to health and social care staff and student professionals, delivered alongside an Expert by Experience • Develop training on reasonable adjustments to include Experts by Experience on recruitment panels
4	Empower people to become more involved	<ul style="list-style-type: none"> • Offer coproduction training for people with lived experience • Increase opportunities for people to co-produce with health and social care services
5	Advocacy services for people with a learning disability or autism	<ul style="list-style-type: none"> • Run focus groups for hospital inpatients to understand their needs around advocacy and self-advocacy • Develop opportunities for people with lived experience to explore self-advocacy
6.	Communication tools	<ul style="list-style-type: none"> • Pilot the use of Talking Mats communication software • Coproduce a Transforming Care communication plan template for use in the community or in hospital • Support organisations with software to produce easy read documents

Goal Three

Housing, training and workforce

	What we will achieve	How will this be done and measured
1	Housing: to find or build homes for people who have been in hospital for a long time	<ul style="list-style-type: none"> • Frequent housing assessment of people in hospital and/or moving into adult services. • Work with housing departments in Local Authority to use all available housing assets e.g land or buildings to provide housing where possible • Secure capital money from independent housing provider(s) to build or refurbish housing stock • Produce `My Home` guides • Utilise community discharge grant funding for people in hospital, to make discharges easier and quicker.
2	Housing: Influence building developers	<ul style="list-style-type: none"> • Develop a TCP standard of housing specification. This can be used to support discharges, to talk to housing developers to see how we can influence their design and build plans on a general public building site developments or specific schemes to make buildings more suitable for sensory and autistic needs of people.
3	Training: Offer opportunities and increase awareness	<ul style="list-style-type: none"> • Launch and promotion of online training to all professionals and develop further online tools with people as themes emerge • Support care and housing providers to upskill their workforce, working closely with Skills for Care and using available resources to ensure training is available
4	Workforce	<ul style="list-style-type: none"> • Set up and promote opportunities through recruitment fairs and other public events, involving experts by experience • Link in with Local Authority Proud to Care schemes • Place useful resources on our website for services to use e.g., job descriptions • Promote and secure places as part of the Role Emerging Placement initiative through NHS England. • Develop a market position statement which will tell us what our future care and housing demand will be

Goal Four Improving wellbeing

	What we will achieve	How will this be done and measured
1	Learning disability Health Checks	<ul style="list-style-type: none"> • Achieve at least 75% completion of annual health checks for people with a learning disability • Promote the benefits of annual health check and health screening through the Transforming Care website and at events • Promote and increase health checks for young people aged 14-17
2	Pilot project to improve quality and uptake of annual health checks	<ul style="list-style-type: none"> • Develop a health and wellbeing hub with access to support services • Ensure learning from the project is shared regionally and nationally • Commission a community organisation to develop peer workers who will promote the benefits of health checks and help people to prepare • Develop further wellbeing hubs using the learning from the pilot site
3	Clinical information systems	<ul style="list-style-type: none"> • Take part in a national pilot to create a digital reasonable adjustments flag • Increase the size of general practice learning disability registers
4	The Learning from Lives and Deaths of people with a Learning Disability and Autism (LeDeR)	<ul style="list-style-type: none"> • Run and host public themed sessions to raise awareness of learning disability, autism and health inequalities • Start LeDeR reviews within six months of a person's death • Share what we have learned from people's lives and deaths both regionally and nationally
5	People in hospital with Learning Disability and Autism	<ul style="list-style-type: none"> • Develop a commissioner oversight visit framework to ensure that people in hospital are receiving good quality care, with access to meaningful activities, exercise and leisure opportunities • Provide people in hospital more accessible information about diet, physical activity, what a healthy lifestyle means. • Create a patient passport and staff guide for people to use if they go in to hospital
6	Increase opportunities to socialise, improve wellbeing and access peer support	<ul style="list-style-type: none"> • Develop a small grants fund for community organisations to offer social and wellbeing activities • Develop groups for people to speak to peers, have fun and learn life skills

Goal Five Transformation for safe and preventative services

	What we will achieve	How will this be done and measured
1	Improve services for patients and carers	<ul style="list-style-type: none"> • Carry out regular learning lessons reviews to understand when services can be improved • Create a sleep support service for neurodivergent young people and their families • Develop a more integrated forensic outreach liaison service
2	Wider stakeholder involvement	<ul style="list-style-type: none"> • Establish a Transforming Care sub-board for people with lived experience • Raise awareness of learning disability and autism with communities and wider organisations through delivery of neurodiversity awareness and Oliver McGowan autism training
3	Positive Behavioural Support	<ul style="list-style-type: none"> • Fund training for providers to use positive behavioural support in their services • Develop a community of practice for positive behavioural support practitioners • Pilot Active Support in care homes across the region • Fund training for health and social care staff to work with a focus on positive behavioural support and trauma informed care
4	Improve services for autistic people	<ul style="list-style-type: none"> • Increase provisions for people who are autistic, without a learning disability • Reduce waiting times for autism and sensory assessments • Develop solutions for people with complex autism who are in crisis • Offer advanced autism training for mental health clinicians • Deliver autism training to health and social care staff • Pilot an emotional support service for autistic people
5.	Improve collaboration across the partnership	<ul style="list-style-type: none"> • Develop cross organisational approaches and policies between health and social care organisations • Develop regional approaches and frameworks for housing, care and support • Improve coordination and communication pathways between services • Ensure further collaboration with community and voluntary organisations