

September 2023

Cancer Screening Easy Read Resources

The Wellbeing Service have put together a collection of cancer screening resources to support you with patients who have Learning Disabilities.

Consider whether there are any reasonable adjustments that are required for any appointments. This could be for example, longer appointment times, first appointment of the day, or wheelchair access.

If you are a Hull GP Practice and would like support regarding reasonable adjustments, please do not hesitate to contact the Wellbeing Service via our service inbox chcp.makeitclear@nhs.net

The Wellbeing Service Website

<https://www.chcpic.org.uk/chcp-services/wellbeing-service>

Cancer Resource Packs

Thera Trust

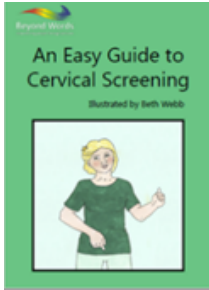




[Ansar Projects](#) have created a series of accessible resources with [Coppafeel!](#) and [Orchid](#) to support people with a learning disability to know their body.

The resources are the first of their kind and include accessible breast and testicular cancer information packs, self-checking cards, breast and testicular cancer symptom guides, self-checking social stories and information on what to expect if you notice a change.

Link to website [Know your body | Thera Trust](#)



Cervical Screening

<p><u>Beyond Words</u></p> <p>An easy read guide to cervical screening can help to start a discussion and prompt a person you are supporting and help discover what a person thinks, what they already know, and how they feel about having a smear test.</p> <p>Link to booklet Free downloads — Beyond Words (booksbeyondwords.co.uk)</p>	
<p><u>NHS</u></p> <p>A video case study has been produced with the Learning Disabilities team and features an NHS colleague talking about her experience of cervical screening and how NHS colleagues supported her.</p> <p>Link to website Accessing cervical screening with the right support for people with a learning disability - YouTube</p>	
<p><u>Jo's Cancer Trust</u></p> <p>This is an Easy Read booklet for women thinking about having a smear test. A smear test could stop you getting cervical cancer.</p> <p>An easy read booklet with very clear and easy to understand information that is embedded within this document for easy printing.</p> <p>Link to booklet ISL040 14 Smear Tests EasyRead (jostrust.org.uk)</p> <p>Jo's Cancer Trust informative video on having a smear test. Which takes the viewer on a step-by-step journey through the whole smear test process.</p> <p>Link to video What happens when I go for cervical screening (a smear test)? - YouTube</p> <p>As part of the NHS Cervical Screening Programme, all samples taken at cervical screening appointments are now being tested for Human Papillomavirus (HPV)</p> <p>Jo's cervical cancer trust has produced an informative video explaining what HPV is.</p> <p>Link to video https://www.jostrust.org.uk/information/hpv/what-is-hpv</p>	  

Cancer Research UK

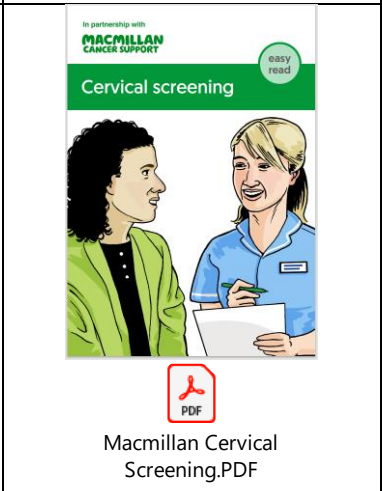
A short and easy to follow video on what to expect going for a cervical screening test.

Link to video [Should I go for cervical screening? | Cancer Research UK - YouTube](https://www.youtube.com/watch?v=...)



Macmillan

This booklet is about cervical screening and what happens at a cervical screening appointment.



City Health Care Partnership

Clinics can include: Bleeding Management/ Depot injection/Cervical screening /Menopause and Sexual health advice and support.

In the clinic we have:

- A specialist team
- Longer appointment time
- Accessible information resources
- Communication aids
- Some appointments available with Makaton or BSL.

Our dedicated female LD clinic is at the Orchard Centre, but we can also arrange accessible appointments at our other venues.

Referral

- GP
- Carer
- Other healthcare professional.

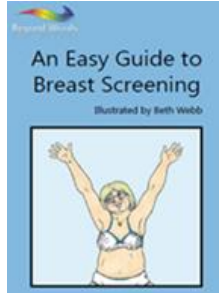


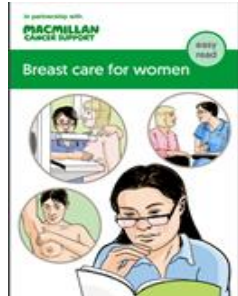

The LD clinic is held on the second Wednesday of every month 8.30am – 12.30 am.

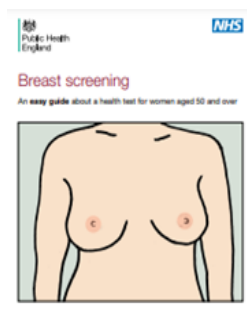
Tel: 01482 247111 (24 hours a day, 7 days a week) or fill in our [online assessment](#) for an appointment.

Link to webpage [LD Clinic - Conifer Sex Health](#)

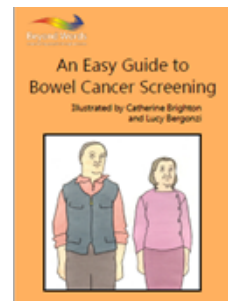






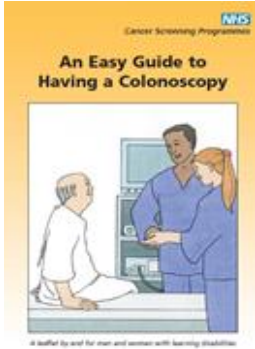

Breast Screening

<p><u>Beyond Words</u></p> <p>An easy read guide to breast screening can help to start a discussion and prompt the people you are supporting and help discover what a person thinks, what they already know, and how they feel about having a mammogram.</p> <p>Link to website Free downloads — Beyond Words (booksbeyondwords.co.uk)</p>	
<p><u>NHS Hull University Teaching Hospital</u></p> <p>Attending a screening appointment can be a daunting experience, so NHS Hull University Teaching Hospital put together a video showing what to expect when attending for breast screening at Castle Hill Hospital in Hull and Princess Diana Hospital in Grimsby.</p> <p>(Hull) Link to video What to expect during the breast screening procedure Hull University Teaching Hospitals NHS Trust (hey.nhs.uk)</p> <p>(Grimsby) Link to video What to expect during the breast screening procedure Hull University Teaching Hospitals NHS Trust (hey.nhs.uk)</p> <p>The Breast screening unit at Castle Hill have asked that the referrer, the referee and / or parents and carers contact the unit directly on 01482 622300 to discuss any reasonable adjustment requirements.</p>	<p>Hull Castle Hill Hospital Breast Screening Video</p>  <p>Grimsby Princess Diana Hospital Breast Screening Video</p> 
<p><u>Macmillan</u></p> <p>Easy read information on what changes to look for, how to check your breasts and the screening process for breast cancer having a mammogram.</p> <p>Link to website for further information Macmillan Cancer Support The UK's leading cancer care charity</p>	  <p>Macmillan Easy Read Breast care for women</p>

<p><u>Public Health England</u></p> <p>Healthcare professionals, carers or family can use this easy read guide to support and prepare a person for breast cancer screening.</p> <p>Included in the guide: Breast screening Breast cancer Your choice About the test On the day of the test Test results Check your breasts.</p> <p>This is also available on Ardens and should be printed and given to patient at point of referral by their GP Practice.</p> <p>Link to booklet Breast screening: easy guide - GOV.UK (www.gov.uk)</p>	
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Bowel Cancer Screening

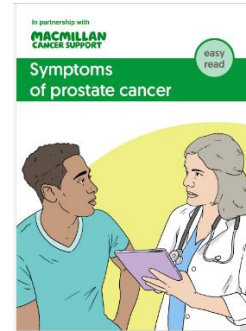
<p><u>Beyond Words</u></p> <p>An easy read guide to bowel cancer screening that can help to start a discussion and prompt the people you are supporting and help discover what a person thinks, what they already know, and how they feel about bowel screening.</p> <p>Link to booklet Free downloads — Beyond Words (booksbeyondwords.co.uk)</p>	
<p><u>City Health Care Partnership</u></p> <p>The Wellbeing Service have produced a Fit Test Communication Board to aid discussions around the FIT Test</p> <p>We have FIT sample kits we can offer to practices to support conversations with your patients - just contact the Wellbeing Service</p>	 <p style="text-align: center;">  FIT test communication board </p>

<p><u>City Health Care Partnership CIC</u></p> <p>Bowel screening accessible video produced by the Wellbeing Service & Hull CCG:</p> <p>A short step by step video demonstrating how to complete the FIT bowel screening home testing kit.</p> <p>Link to video https://youtu.be/QXV2noZLUFU</p>	
<p><u>Public Health England</u></p> <p>A Bowel Cancer Screening easy read leaflet with Information on, signs, symptoms and staying healthy</p> <p>Included in the guide: Bowel cancer screening Bowel cancer Doing the screening test Screening test results Keeping your bowel healthy When you should go to your doctor</p> <p>Link to booklet Bowel cancer screening – An easy read guide (publishing.service.gov.uk)</p>	
<p><u>Beyond Words</u></p> <p>An easy read guide to having a colonoscopy and can help to start a discussion and prompt the people you are supporting and help discover what a person thinks, what they already know, and how they feel about having a colonoscopy.</p> <p>Link to booklet Free downloads — Beyond Words (booksbeyondwords.co.uk)</p>	
<p><u>Public Health England</u></p> <p>A detailed easy read guide to prepare someone going for a Colonoscopy test.</p> <p>Included in the guide: Your appointment Before the test On the day of the test After the test</p> <p>Link to booklet Bowel cancer screening: an easy guide to having a colonoscopy - GOV.UK (www.gov.uk)</p>	

Prostate Cancer Screening

Macmillan

Prostate Cancer Easy Read Booklet containing information about what prostate cancer is and the symptoms of prostate cancer that need to be checked straight away.



Mcmillian Symptoms of prostate cancer.pdf

Prostate Cancer UK

What changes should I look out for? Easy Read Leaflet

Helpline **0800 074 8383** Monday to Friday 9am - 6pm, Wednesday 10am - 8pm

Link to booklet [Search | Prostate Cancer UK](#)

Men across the UK can now check their risk of prostate cancer, this helps thousands get an early diagnosis that could save or extend their lives. [Check your risk.](#)



Lung Cancer Screening

NHS Lung Health Check

Lung cancer is one of the most common types of cancer.

Lung health checks are offered to people, aged 55 and 75, who smoke or have smoked.

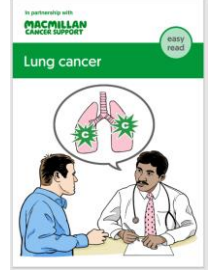

Link to video [NHS Targeted Lung Health Checks in Hull - Christine's story - YouTube](#)

Link to Hull Smoke Free Service [Hull stop smoking service - SmokeFree Hull \(changegrowlive.org\)](#)

NHS
Your lung health check



TLHC Booklet Easy Read - Spirometry Re

<p><u>Macmillan</u></p> <p>An easy read booklet on what lung cancer is and how it is treated.</p> <p>Included in the booklet:</p> <ul style="list-style-type: none"> Lung cancer Causes Signs and symptoms Tests Treatment 	 <p style="text-align: center;">  Macmillan Lung Cancer (SCREEN).pdf </p>
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Other Cancer Screening Resources

<p><u>Ovarian</u> Be Clear on Ovarian cancer Easy Read</p> <p><u>Testicular</u> How+to+look+After+My+Balls.pdf (squarespace.com)</p> <p><u>Lymphoma</u> Finding out you have lymphoma Lymphoma watch and wait Treatment for lymphoma After treatment for lymphoma</p> <p><u>Myeloma</u> What is myeloma? What is myeloma? How is myeloma treated?</p> <p><u>AAA Screening</u> Abdominal aortic aneurysm screening: easy guide - GOV.UK (www.gov.uk)</p> <p><u>Mencap leaflets on cancer screening</u> Easy Read Information About Cancer and Cancer Screening Mencap</p> <p><u>Marie Curie booklets</u> Easy read booklets (mariecurie.org.uk)</p> <p><u>Videos</u> Be Cancer Aware - Be Cancer Aware Signs of Cancer - YouTube (really good video for people with a learning disability).</p> <p>Purple All Stars video - Cervical Screening Test for people with Learning Disabilities - YouTube (Although this is fairly long, it is made by LD nurses and goes through the process addressing many of the common concerns and reasonable adjustments that can be made to support patients to make the test easier).</p>
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